

If you are a permanent or temporary  
visa holder in Australia experiencing  
domestic, family or sexual abuse,  
**free confidential support is available.**

# 1800RESPECT

NATIONAL DOMESTIC FAMILY AND  
SEXUAL VIOLENCE **COUNSELLING** SERVICE

**Free and confidential support**

 **Call: 1800 737 732**

 **Text: 0458 737 732**

 **Online Chat: 1800RESPECT.org.au**

 **Video Call: 1800RESPECT.org.au**

*\*Available 9am-midnight AEST, 7 days a week*

**24/7 support**

Website available  
in 30 languages



Translating and Interpreting  
Service available



**HARMONY ALLIANCE**  
MIGRANT & REFUGEE WOMEN FOR CHANGE

Funded by the Australian Government Department of Social Services

