Where violence happens
Who can do violence

BOOK 3

Funded by the Australian Government
LEARN ABOUT WHERE VIOLENCE HAPPENS AND WHO CAN DO VIOLENCE

These books have two sections:

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**Section One**

The *first* section has a blue border and can help you understand **how to use these books**.

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**Section Two**

The *second* section has an orange border and can help you understand **what may have happened to you**.

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**GET HELP**

- Call **000** if you are in danger now
- Call **1800RESPECT** on **1800 737 732**
- Chat at [www.1800respect.org.au](http://www.1800respect.org.au)
HOW TO USE THESE BOOKS

These books can help you:

• Learn about violence
• Learn about rights
• Get help from 1800RESPECT.

These books have pictures and words that can help you understand what has happened to you.

You can ask someone you trust to help you read these books.

This might be a:
• Disability support worker
• A family violence support worker
• A carer
• A family member
• The police.
These books include words and pictures about violence that may:

- Make you feel sad, upset or confused
- Remind you of a bad experience.

There are 3 books in this series:

- Learn about violence - **Book 1**
- Learn about rights - **Book 2**
- Where violence can happen and who can do violence - **Book 3**.

**Remember**
You have the right to be safe from violence.

**Get Help**
1800RESPECT can help women with disability who experience violence.
WHO TO USE THESE BOOKS WITH

These books have pictures and words that can help you understand what has happened to you.

You might be seeing these books for the first time with a:

- A disability support worker
- A family violence worker
- A carer
- A family member
- The police.

You can ask these people to help you if you are unsure of how you feel or have questions.
The person you are reading this with can help and support you.

You can ask someone you trust to help you call 1800RESPECT.

REMEMBER!

You have the right to be safe from violence.

GET HELP

1800RESPECT can help women with disability who experience violence.
You can get help
• Call **000** if you are in danger now
• Call **1800RESPECT** on **1800 737 732**

You can chat online on your computer or phone.
Go to chat at [www.1800RESPECT.org.au](http://www.1800RESPECT.org.au)

If you need a relay service (NRS)
• Call **1800 555 677**
• or **TTY 133 677**
• Then ask for **1800 737 732**.
If you need a translator (TIS)
• Call 131 450
• Then ask for 1800 737 732.

You can ask someone you trust to help you call 1800RESPECT.
It is OK if you are not ready to get help yet.

REMEMBER!
You have the right to be safe from violence.
Sunny is a free app for your smartphone.

Open the App Store or Google Play on your phone.

- Go to search and type in the name Sunny then press enter.

- Tap on Sunny and then tap “Get or Install”.

- Go to your home screen and open Sunny app.
PART 1
WHERE VIOLENCE HAPPENS
VIOLENCE WHERE YOU LIVE
Violence where you live is never OK.

You may live
• at home by yourself.
• with family or friends.
• with your partner.

• in a group home with people with disability.

• in a hospital.

• in a prison.
Violence can happen in all these places.

You have a right to be safe where you live.

You can ask for help to be safe.

Go to Page 68 to get help and be safe.
VIOLENCE IN RELATIONSHIPS
A relationship is how 2 or more people treat each other.

We can have many sorts of relationships.
You have different sorts of relationships with
• a partner, boyfriend or girlfriend.

• your children and family.

• support people.

• people at work.
• people where you learn.

• people in the community.

Violence can happen in all these relationships.

You have a right to safe relationships.
You can ask for help to be safe.

Go to **Page 68** to get help and be safe.
VIOLENCE WHERE YOU LEARN
Violence where you learn is never ok.

You may learn

• At school.

• at TAFE.
• at university.

• in the community.

• at work.

• at day support.
Violence can happen in all these places.

You have a right to be safe where you learn.

You can ask for help to be safe.

Go to Page 68 to get help and be safe.
VIOLENCE WHERE YOU WORK
Violence where you work is never ok.

You may work
- In an office.
- in a factory.
• in a school.

• in the community.

• outside your house or somewhere else.

Violence can happen in all these places.
You have a right to be safe where you work.

You can ask for help to be safe.

Go to **Page 68** to get help and be safe.
VIOLENCE IN THE COMMUNITY
VIOLENCE IN THE COMMUNITY

Violence in the community is never ok.

The community can be
• outside your home.

• at the library.
• at the market or shops.

• at the movies.

• at church or a place of worship.

• in a taxi.
• on public transport.

• at the pool or in the change rooms.

• at the park.

Violence can happen in all these places.
You have a right to be safe in the community.

You can ask for help to be safe.

Go to Page 68 to get help and be safe.
VIOLENCE ONLINE
VIOLENCE ONLINE

Violence online is never ok.

You can get online
• on a computer, tablet or phone.

You can do many things online like
• social media.
- dating apps.
- video chat.
- websites and email.
- watch videos.
• chat and meet people.

 Violence can happen online.

 You have a right to be safe online.

 You can ask for help to be safe.
Go to Page 68 to get help and be safe.
PART 2

WHO CAN DO VIOLENCE
PARTNERS CAN DO VIOLENCE
PARTNERS
A partner can do violence.

A partner is someone you have a love relationship with.

Violence is when people hurt other people.

• A love relationship can be
  • sexual
  • not sexual.
A partner could be

• someone you love.

• a boyfriend, husband, girlfriend or wife.

• someone you choose to have sex with
  • a ‘friend with benefits’.

• someone you meet online.
A partner must not do violence.

You have a right to be safe from violence.

You can ask for help to be safe from violence.

Go to Page 68 to get help and be safe.
SUPPORT PEOPLE CAN DO VIOLENCE
SUPPORT PEOPLE

A support person can do violence.

Support people are people who help you do things.

Violence is when people hurt other people.

• A support person may be
  • a paid worker or NDIS person.
• a carer.

• a family member.

• a friend.

Support people must not do violence.
You have a right to be safe from violence.

You can ask for help to be safe from violence.

Go to Page 68 to get help and be safe.
FAMILY CAN DO VIOLENCE
FAMILY
People in your family can do violence.

Family can be someone you are related to.

Family can be someone you choose to be close to.

Violence is when people hurt other people.
Family could be a
• mum or dad.

• brother or sister.

• your children.

• cousin.
People in your family must not do violence.
You have a right to be safe from violence.

You can ask for help to be safe from violence.

Go to Page 68 to get help and be safe.
FRIENDS CAN DO VIOLENCE
FRIENDS

A friend can do violence.

A friend is someone you are close to.

Violence is when people hurt other people.

A friend can be someone
• you spend time with
• who likes the same things as you.

• who you tell private things.

• you work with.

• where you learn.
• you have sex with.

• you go on a date with.

• you live with.

A friend must not do violence.
You have a right to be safe from violence.

You can ask for help to be safe from violence.

Go to Page 68 to get help and be safe.
STRANGERS CAN DO VIOLENCE
STRANGERS
A stranger can do violence.

A stranger is someone you do not know well.

Violence is when people hurt other people.

A stranger can be someone
• you have not met before
• on the train, bus.

• in the taxi.

• in the community.

• online.
A stranger must not do violence.

You have a right to be safe from violence.

You can ask for help to be safe from violence.
PROFESSIONALS CAN DO VIOLENCE
**PROFESSIONALS**

A professional can do violence.

A professional is someone with special training who is paid to help you.

Violence is when people hurt other people.

A professional can be a
- doctor or nurse.
• social worker or counsellor.

• speech pathologist or occupational therapist.

• teacher.

• advocate.
• lawyer.

• a police person.

A professional must not do violence.

You have a right to be safe from violence.
You can ask for help to be safe from violence.

Go to **Page 68** to get help and be safe.
GET HELP

1800RESPECT can help women with disability who experience violence.

Has someone:
• Done violence to you?
• Done violence to someone you know?

Are you:
• Scared about violence?
• Not sure if something is violence?
• Feeling sad or upset?
• Not sure about your rights?

You can get help
• Call 000 if you are in danger now
• Call 1800RESPECT on 1800 737 732
• Chat at www.1800respect.org.au.
If you need a relay service (NRS)
• Call 1800 555 677
• or TTY 133 677
• Then ask for 1800 737 732.

If you need a translator (TIS)
• Call 131 450
• Then ask for 1800 737 732.

You can ask someone you trust to help you call 1800RESPECT.

It is OK if you are not ready to get help yet.

REMEMBER!

You have the right to be safe from violence.
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These booklets were produced as part of the Disability Pathways Project for 1800RESPECT, the National Sexual Assault and Domestic Family Violence Counselling Service.
IF YOU OR SOMEONE YOU KNOW IS IMPACTED BY SEXUAL ASSAULT, DOMESTIC OR FAMILY VIOLENCE, CALL 1800RESPECT ON 1800 737 732 OR VISIT 1800RESPECT.ORG.AU IN AN EMERGENCY, CALL 000.