

1800RESPECT

NATIONAL SEXUAL ASSAULT, DOMESTIC
FAMILY VIOLENCE **COUNSELLING** SERVICE

Where violence happens Who can do violence

BOOK 3

Funded by the Australian Government

1800RESPECT
NATIONAL SEXUAL ASSAULT, DOMESTIC
FAMILY VIOLENCE **COUNSELLING** SERVICE



WOMEN
WITH
DISABILITIES
AUSTRALIA
(WWDA)

LEARN ABOUT WHERE VIOLENCE HAPPENS AND WHO CAN DO VIOLENCE

These books have two sections:

Section One

The **first** section has a blue border and can help you understand **how to use these books**.



Section Two

The **second** section has an orange border and can help you understand **what may have happened to you**.



GET HELP

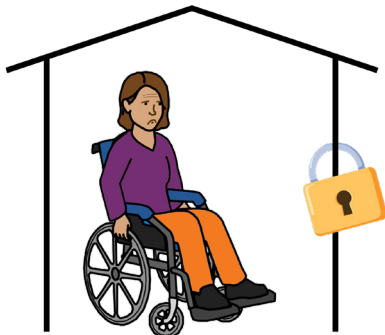
- Call **000** if you are in danger now
- Call **1800RESPECT** on **1800 737 732**
- Chat at www.1800respect.org.au.

HOW TO USE THESE BOOKS

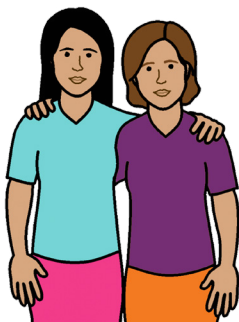


These books can help you:

- Learn about violence
 - Learn about rights
 - Get help from **1800RESPECT**.
-



These books have pictures and words that can help you understand what has happened to you.



You can ask someone you trust to help you read these books.

This might be a:

- Disability support worker
- A family violence support worker
- A carer
- A family member
- The police.



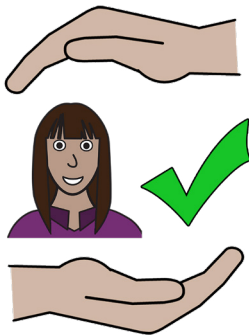
These books include words and pictures about violence that may:

- Make you feel sad, upset or confused
- Remind you of a bad experience.



There are 3 books in this series:

- Learn about violence - **Book 1**
- Learn about rights - **Book 2**
- Where violence can happen and who can do violence - **Book 3.**



Remember

You have the right to be safe from violence.



Get Help

1800RESPECT can help women with disability who experience violence.

WHO TO USE THESE BOOKS WITH



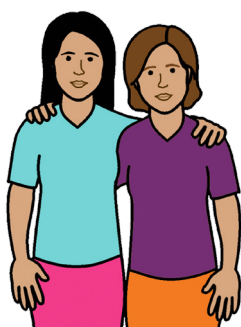
These books have pictures and words that can help you understand what has happened to you.

You might be seeing these books for the first time with a:



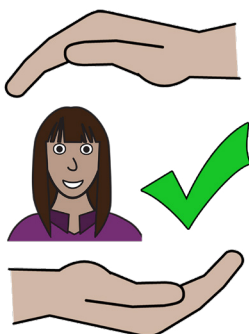
- A disability support worker
- A family violence worker
- A carer
- A family member
- The police.

You can ask these people to help you if you are unsure of how you feel or have questions.



The person you are reading this with can help and support you.

You can ask someone you trust to help you call **1800RESPECT**.



REMEMBER!

You have the right to be safe from violence.



GET HELP

1800RESPECT can help women with disability who experience violence.

YOU CAN CONTACT 1800RESPECT IN DIFFERENT WAYS



You can get help

- Call **000** if you are in danger now
 - Call **1800RESPECT** on **1800 737 732**
-



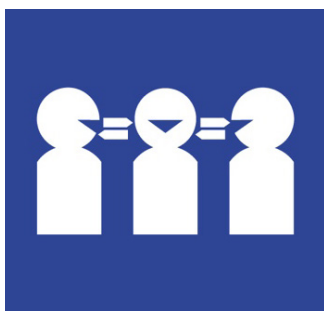
You can chat online on your computer or phone.

Go to chat at www.1800RESPECT.org.au



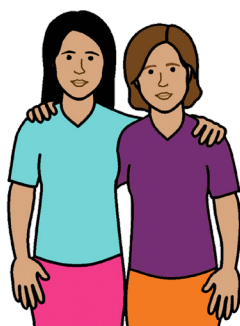
If you need a relay service (NRS)

- Call **1800 555 677**
- or **TTY 133 677**
- Then ask for **1800 737 732**.



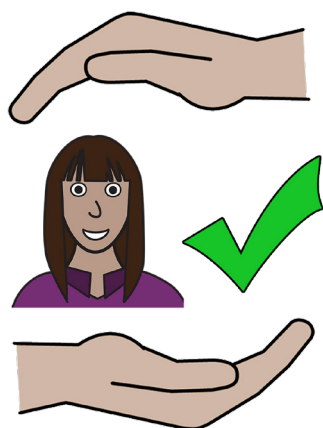
If you need a translator (TIS)

- Call **131 450**
- Then ask for **1800 737 732**.



You can ask someone you trust to help you call 1800RESPECT.

It is OK if you are not ready to get help yet.



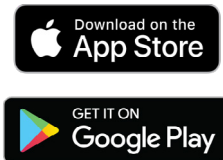
REMEMBER!

You have the right to be safe from violence.

DOWNLOAD SUNNY



Sunny is a free app for your smartphone.



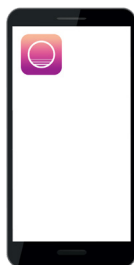
Open the App Store or Google Play on your phone.



- Go to search and type in the name Sunny then press enter.
-



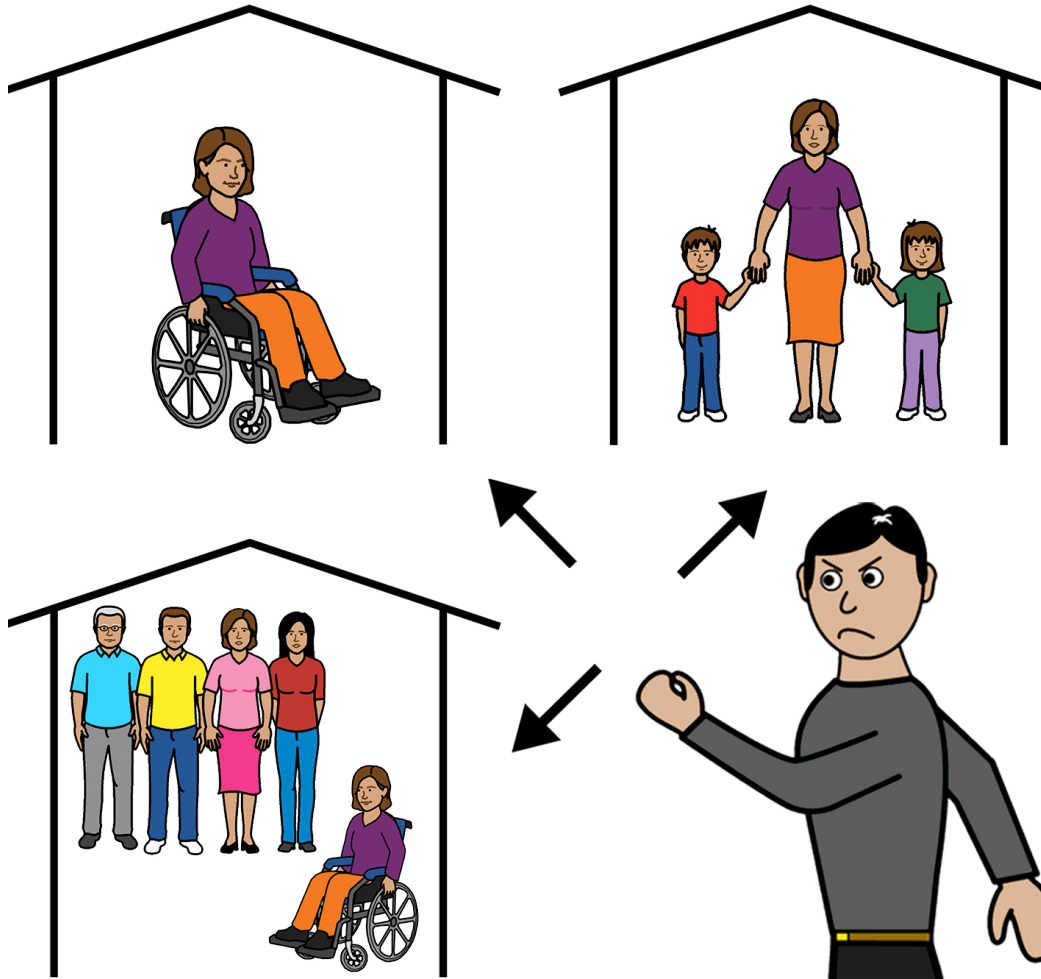
- Tap on Sunny and then tap "Get or Install".
-



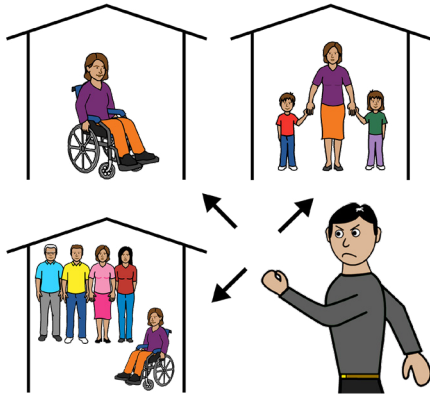
- Go to your home screen and open Sunny app.

PART 1

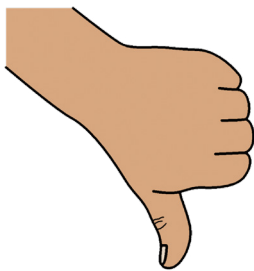
WHERE VIOLENCE HAPPENS



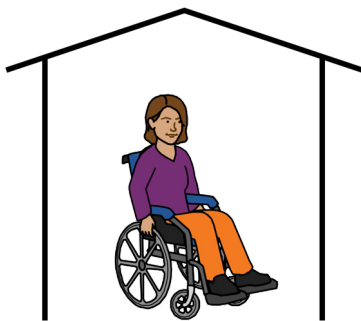
VIOLENCE WHERE YOU LIVE



VIOLENCE WHERE YOU LIVE

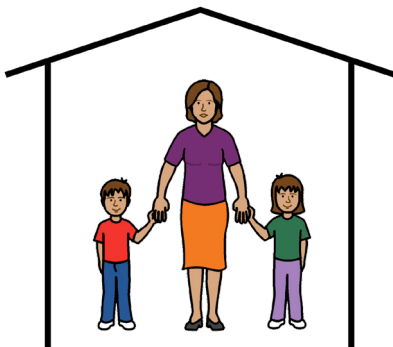


Violence where you live is never OK.

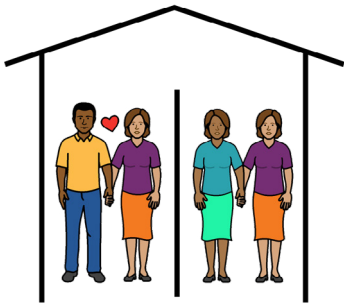


You may live

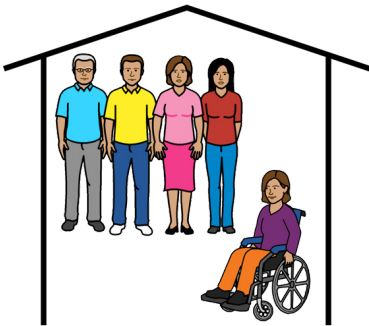
- at home by yourself.



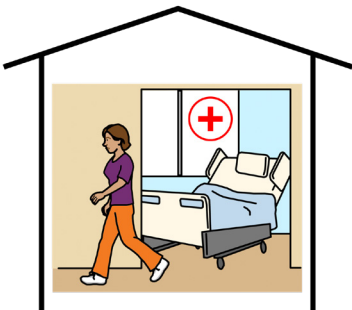
- with family or friends.



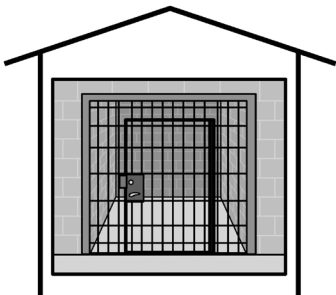
- with your partner.



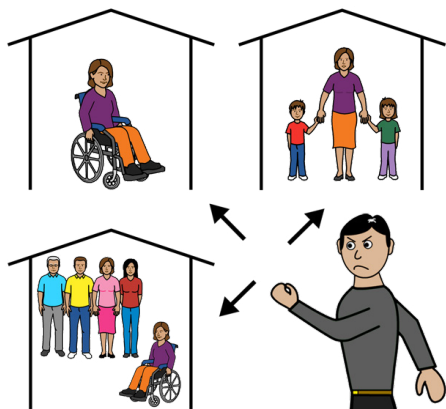
- in a group home with people with disability.



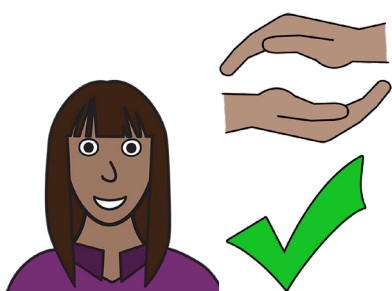
- in a hospital.



- in a prison.



Violence can happen in all these places.



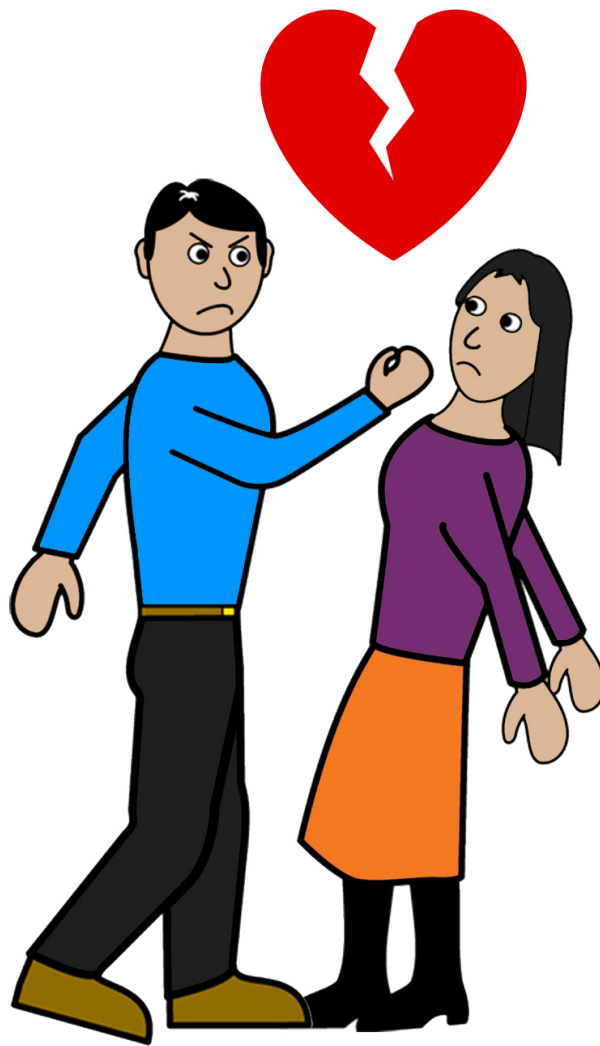
You have a right to be safe where you live.



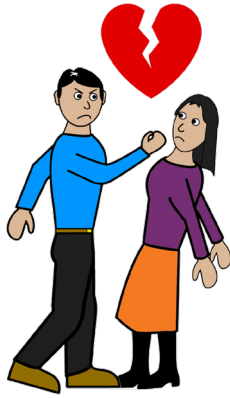
You can ask for help to be safe.



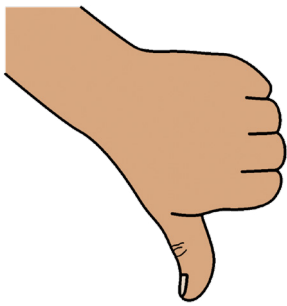
Go to **Page 68** to get help and be safe.



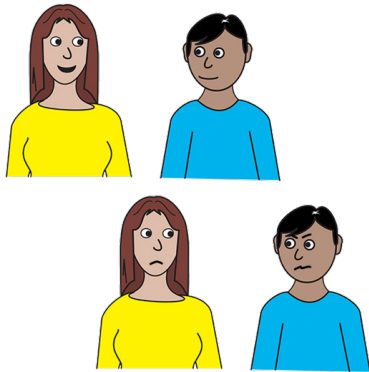
VIOLENCE IN RELATIONSHIPS



VIOLENCE IN RELATIONSHIPS



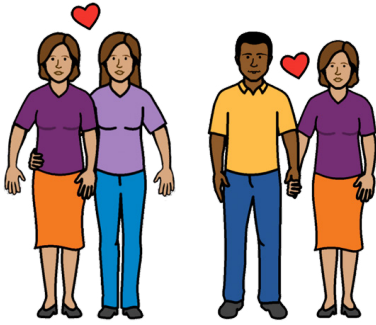
Violence in relationships is never ok.



A relationship is how 2 or more people treat each other.



We can have many sorts of relationships.



You have different sorts of relationships with

- a partner, boyfriend or girlfriend.



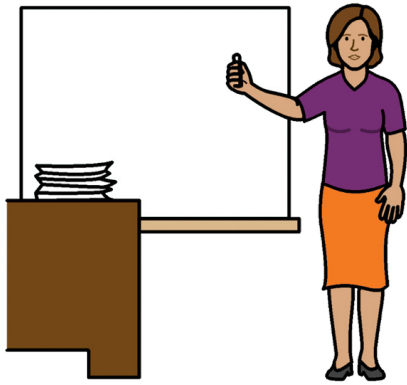
- your children and family.



- support people.



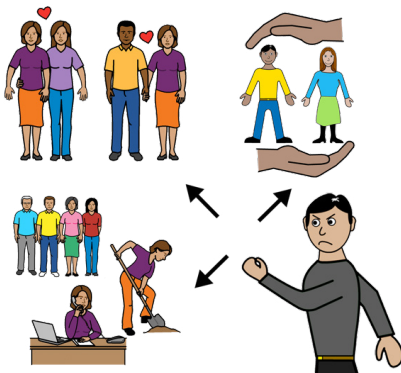
- people at work.



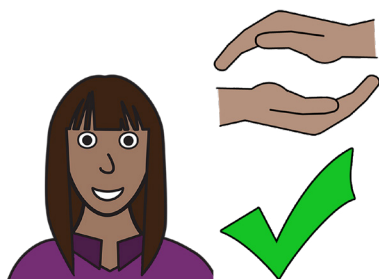
- people where you learn.



- people in the community.



Violence can happen in all these relationships.



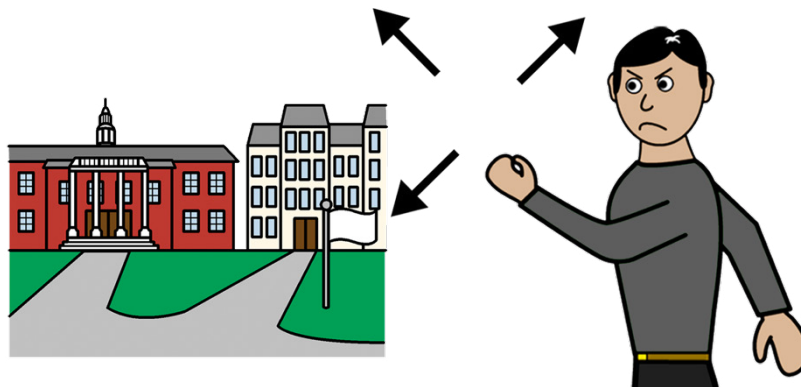
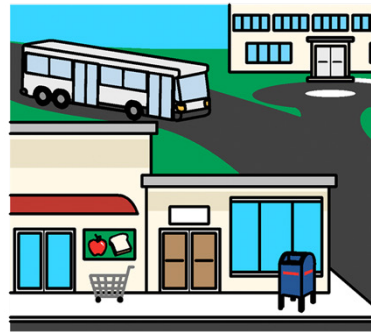
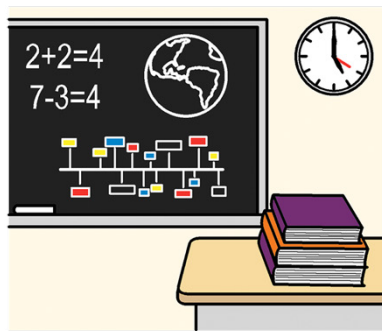
You have a right to safe relationships.



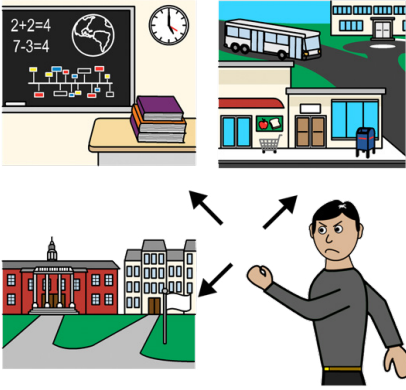
You can ask for help to be safe.



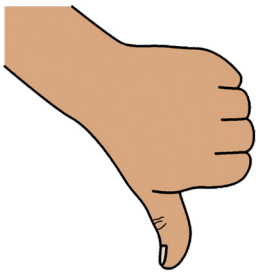
Go to **Page 68** to get help and be safe.



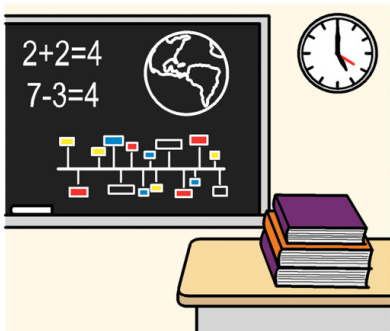
VIOLENCE WHERE YOU LEARN



VIOLENCE WHERE YOU LEARN

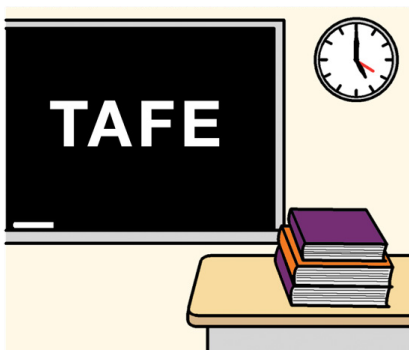


Violence where you learn is never ok.

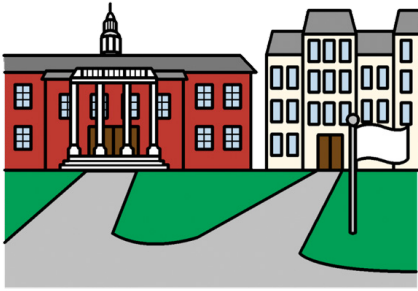


You may learn

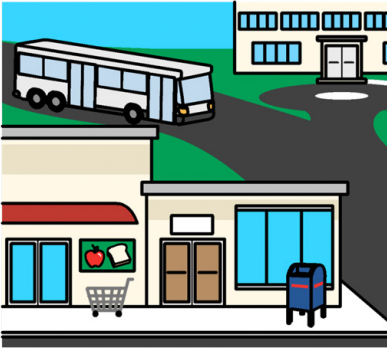
- At school.



- at TAFE.



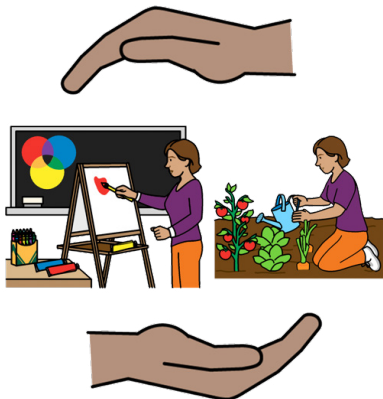
- at university.



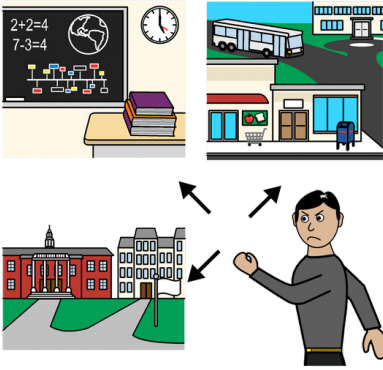
- in the community.



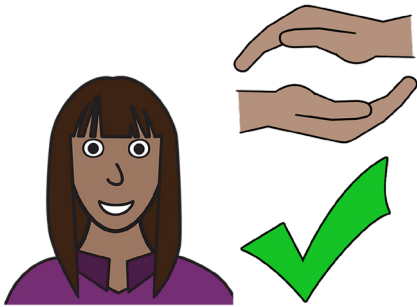
- at work.



- at day support.



Violence can happen in all these places.



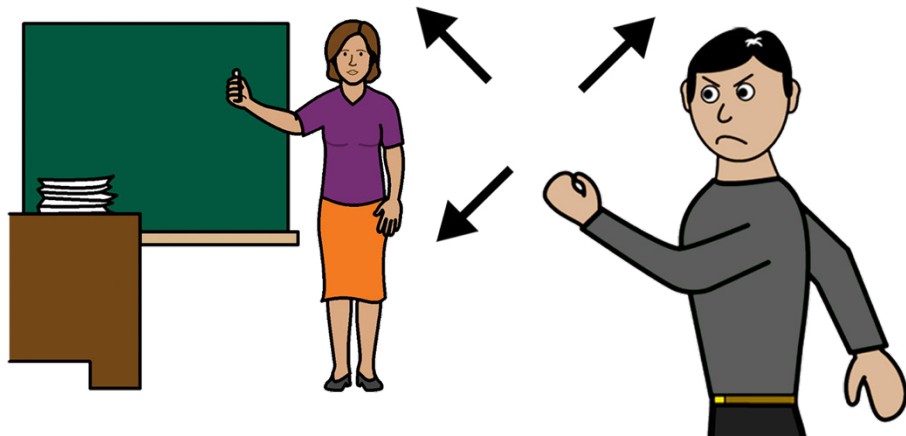
You have a right to be safe where you learn.



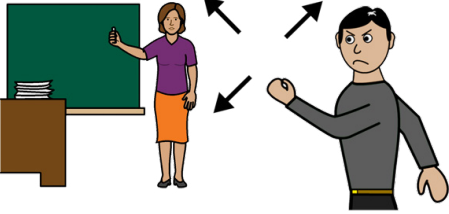
You can ask for help to be safe.



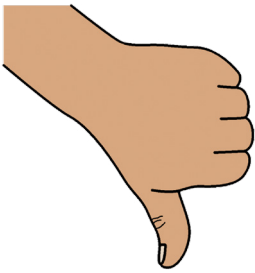
Go to **Page 68** to get help and be safe.



VIOLENCE WHERE YOU WORK



VIOLENCE WHERE YOU WORK



Violence where you work is never ok.

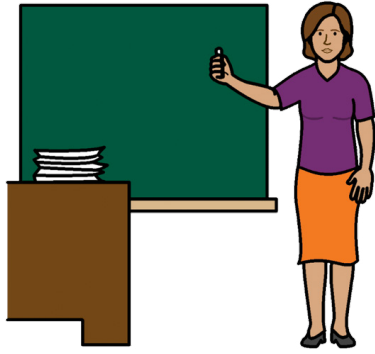


You may work

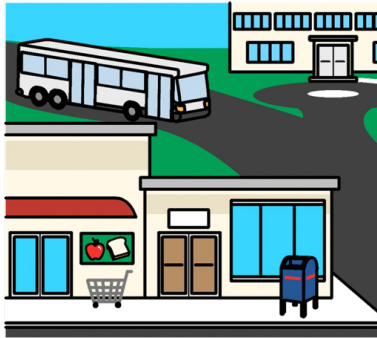
- In an office.



- in a factory.



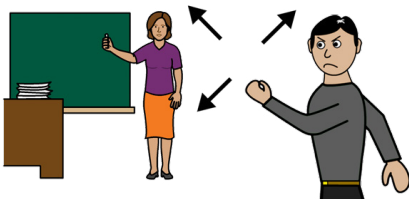
- in a school.



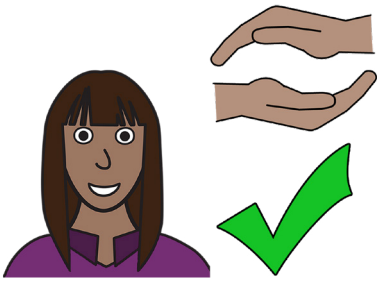
- in the community.



- outside your house or somewhere else.



Violence can happen in all these places.



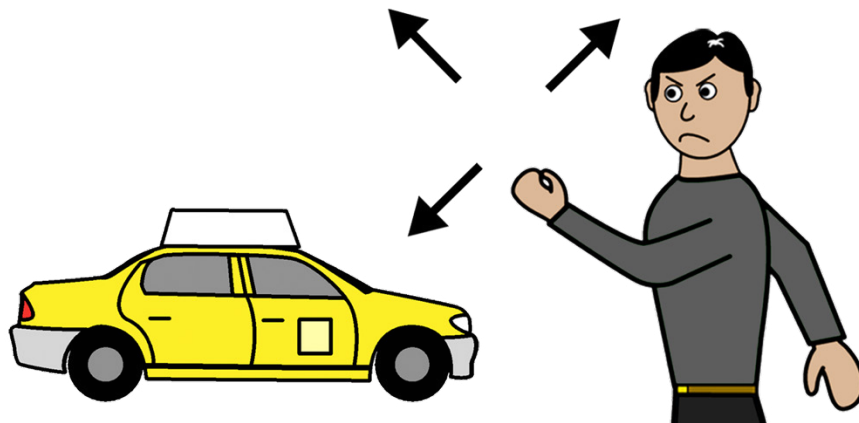
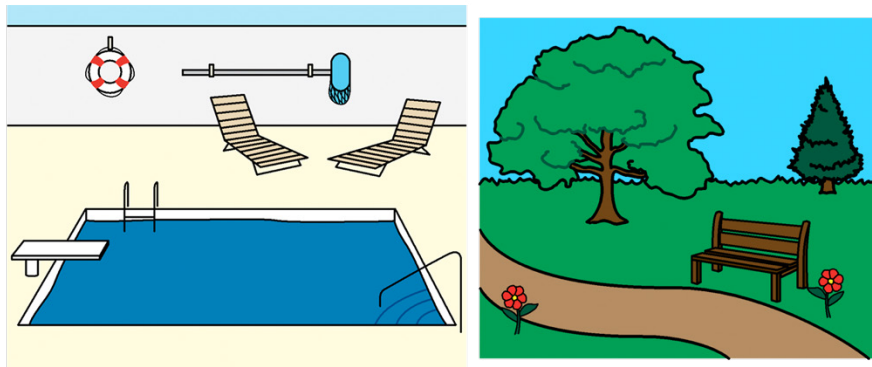
You have a right to be safe
where you work.



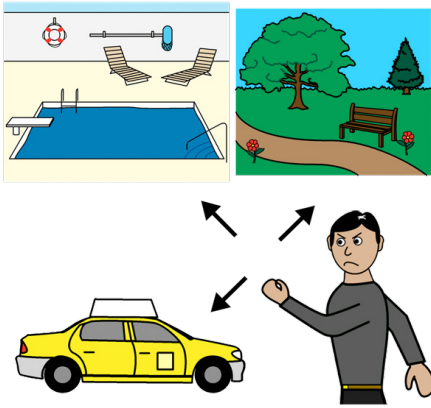
You can ask for help to be safe.



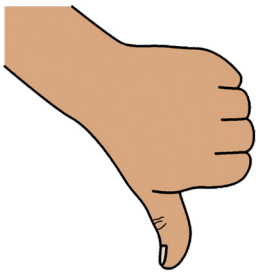
Go to **Page 68** to get help and be safe.



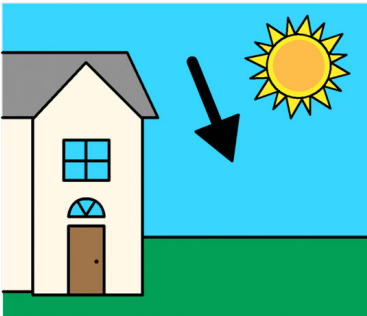
VIOLENCE IN THE COMMUNITY



VIOLENCE IN THE COMMUNITY

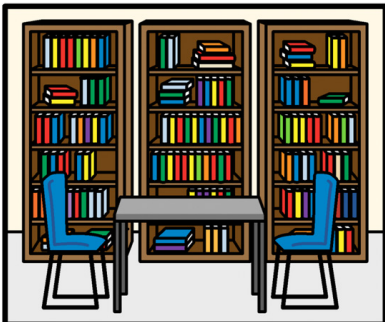


Violence in the community is never ok.



The community can be

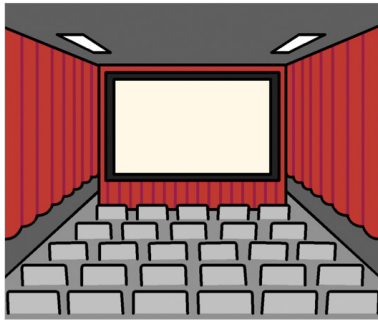
- outside your home.



- at the library.



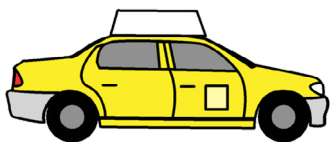
- at the market or shops.



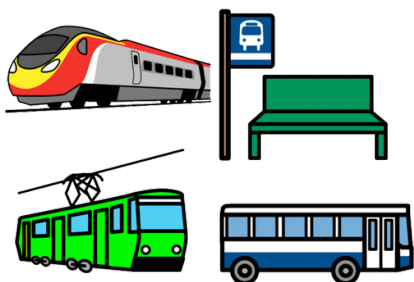
- at the movies.



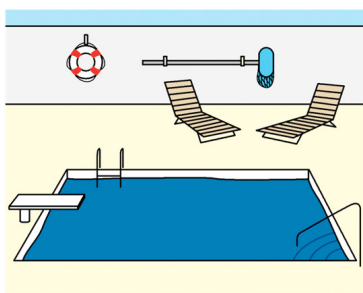
- at church or a place of worship.



- in a taxi.



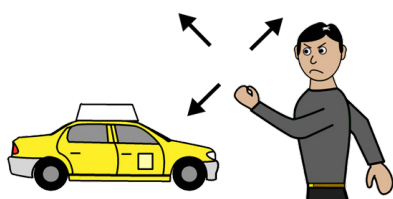
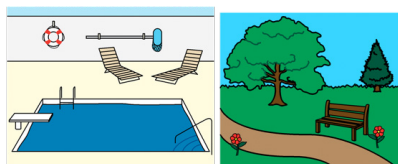
- on public transport.



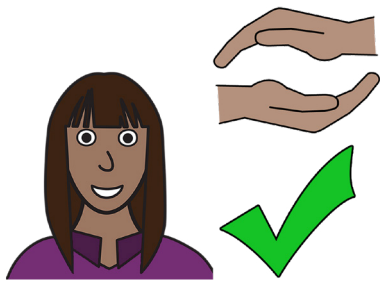
- at the pool or in the change rooms.



- at the park.



Violence can happen in all these places.



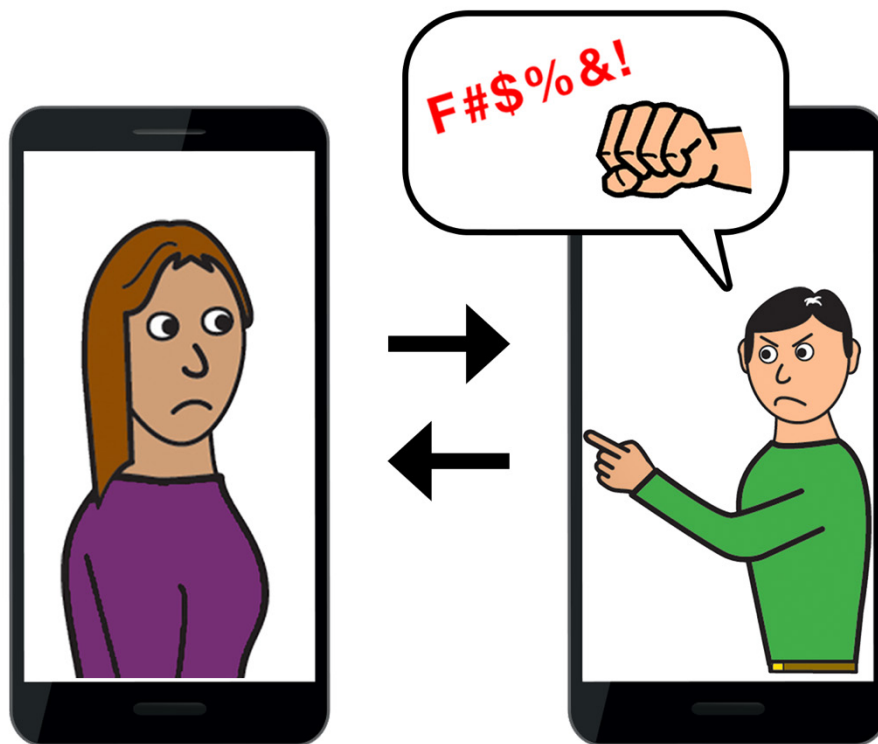
You have a right to be safe in the community.



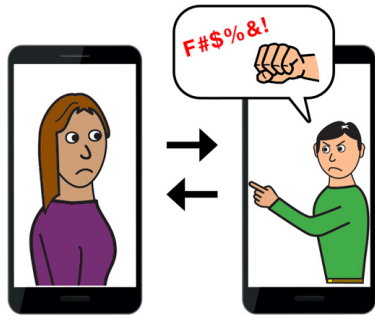
You can ask for help to be safe.



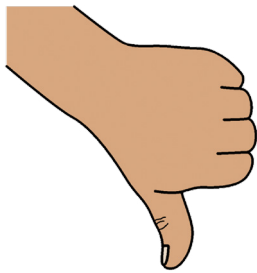
Go to **Page 68** to get help and be safe.



VIOLENCE ONLINE



VIOLENCE ONLINE



Violence online is never ok.



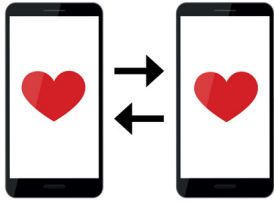
You can get online

- on a computer, tablet or phone.



You can do many things online like

- social media.



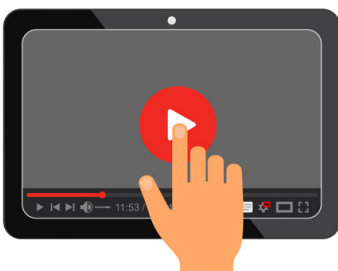
- dating apps.



- video chat.



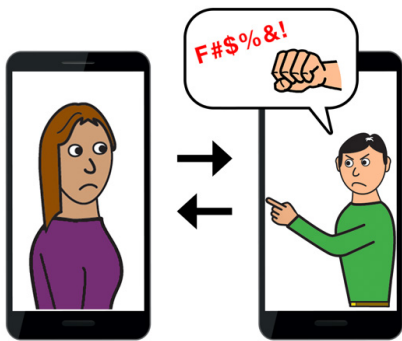
- websites and email.



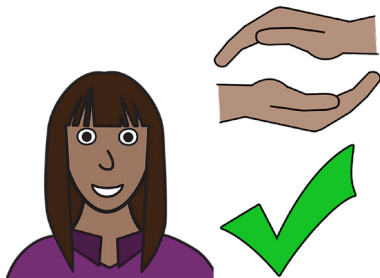
- watch videos.



- chat and meet people.



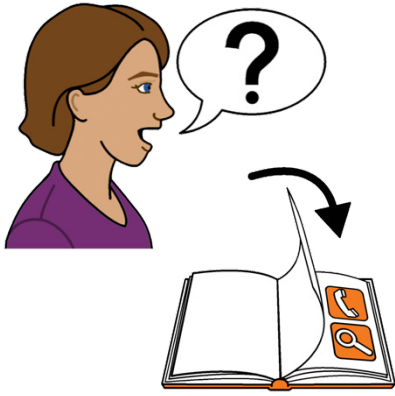
Violence can happen online.



You have a right to be safe online.



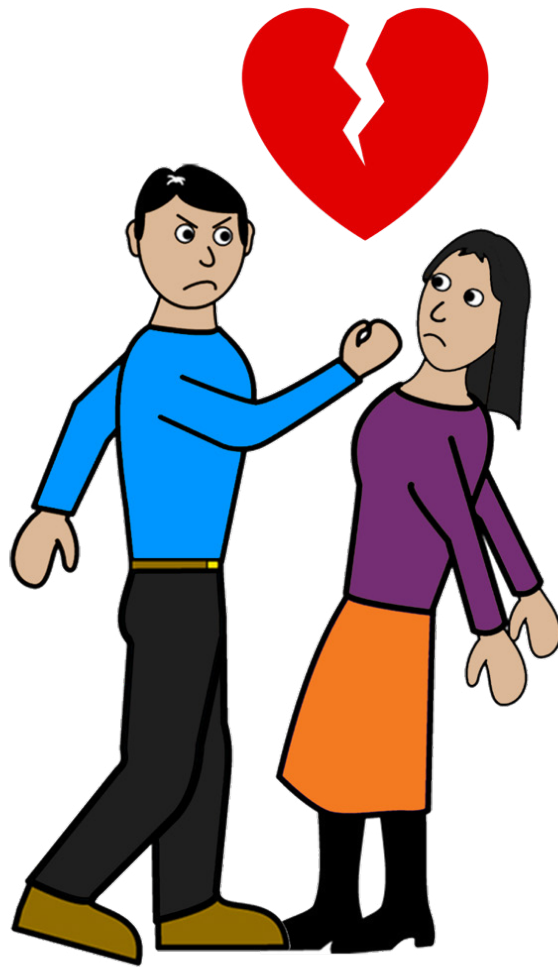
You can ask for help to be safe.



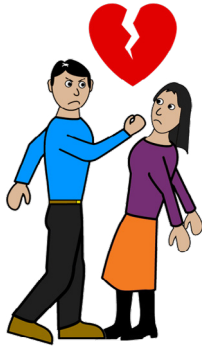
Go to **Page 68** to get help and be safe.

PART 2

WHO CAN DO VIOLENCE

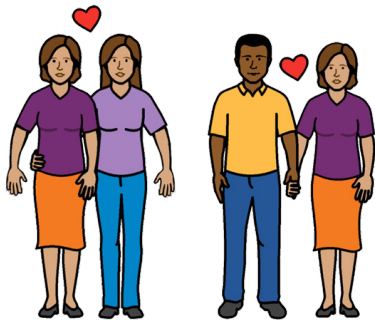


PARTNERS CAN DO VIOLENCE



PARTNERS

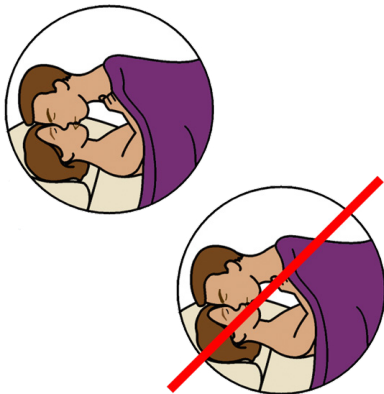
A partner can do violence.



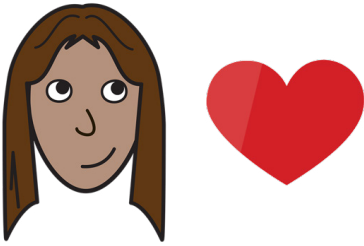
A partner is someone you have a love relationship with.



Violence is when people hurt other people.

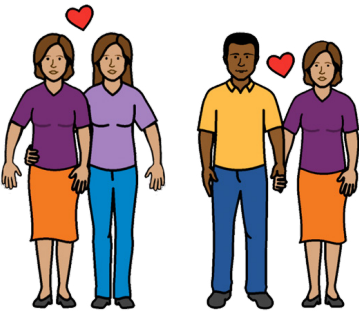


- A love relationship can be
- sexual
- not sexual.

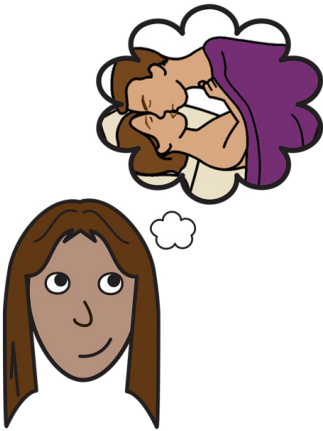


A partner could be

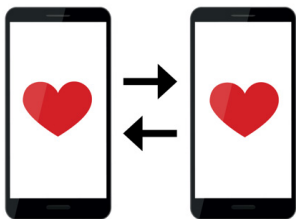
- someone you love.



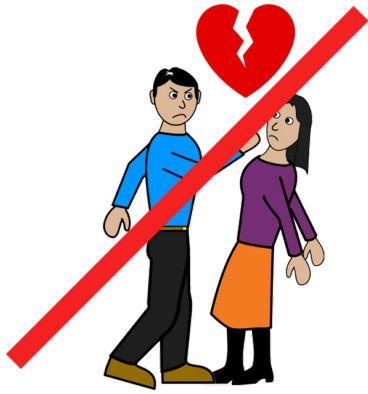
- a boyfriend, husband, girlfriend or wife.



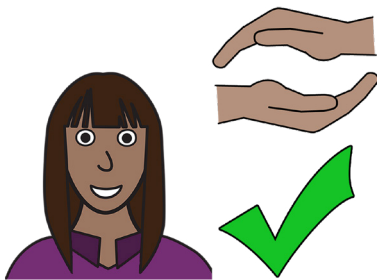
- someone you choose to have sex with
- a 'friend with benefits'.



- someone you meet online.



A partner must not do violence.



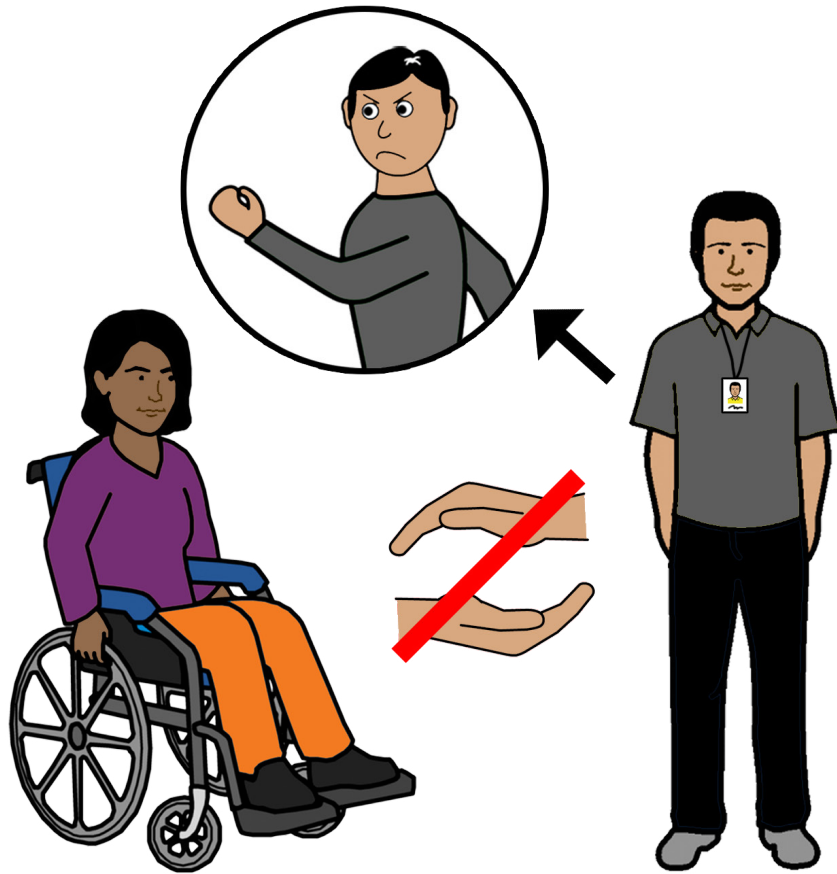
You have a right to be safe from violence.



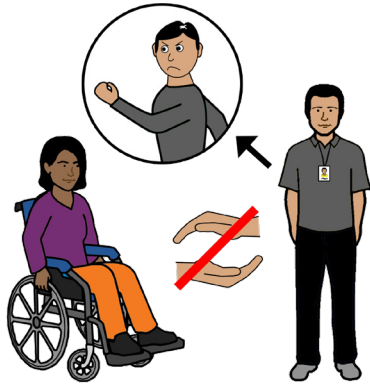
You can ask for help to be safe from violence.



Go to **Page 68** to get help and be safe.



**SUPPORT PEOPLE
CAN DO VIOLENCE**



SUPPORT PEOPLE

A support person can do violence.



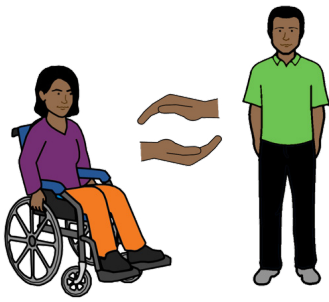
Support people are people who help you do things.



Violence is when people hurt other people.



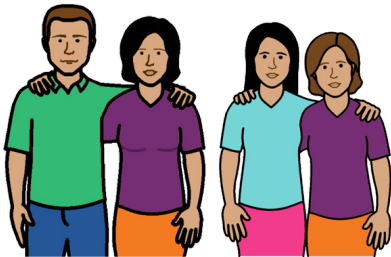
- A support person may be
- a paid worker or NDIS person.



- a carer.



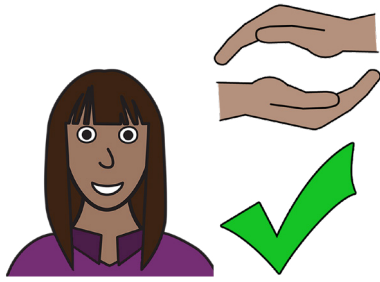
- a family member.



- a friend.



Support people must not do violence.



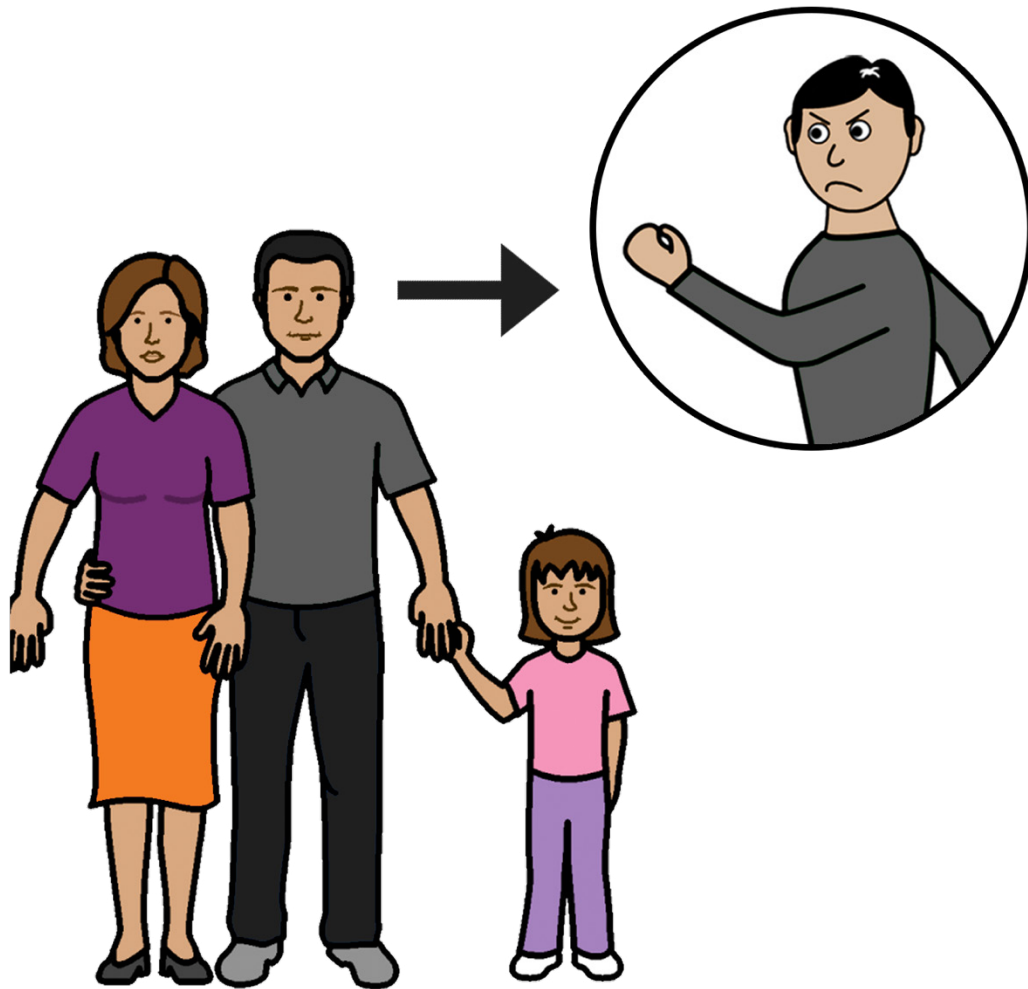
You have a right to be safe from violence.



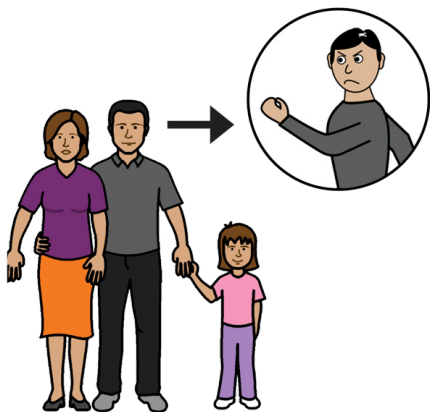
You can ask for help to be safe from violence.



Go to **Page 68** to get help and be safe.



FAMILY CAN DO VIOLENCE

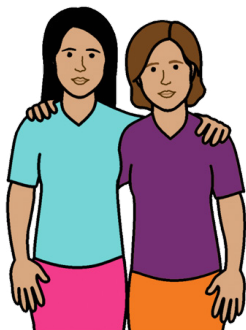


FAMILY

People in your family can do violence.



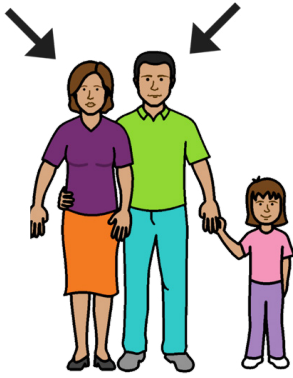
Family can be someone you are related to.



Family can be someone you choose to be close to.

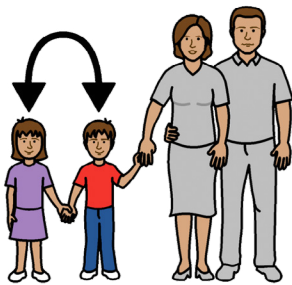


Violence is when people hurt other people.

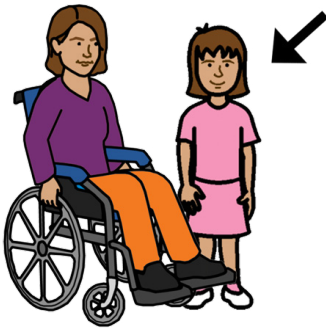


Family could be a

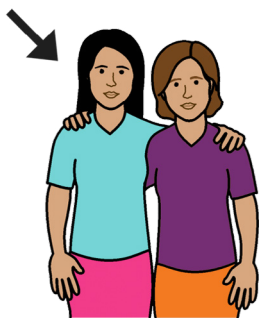
- mum or dad.



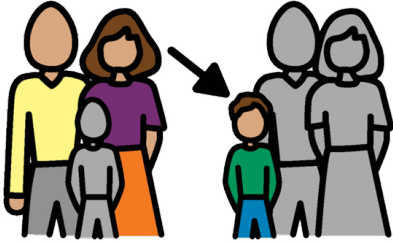
- brother or sister.



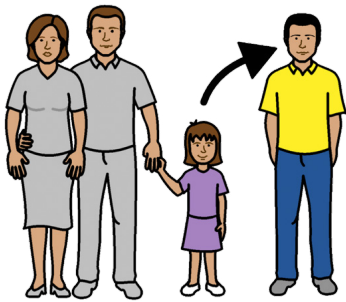
- your children.



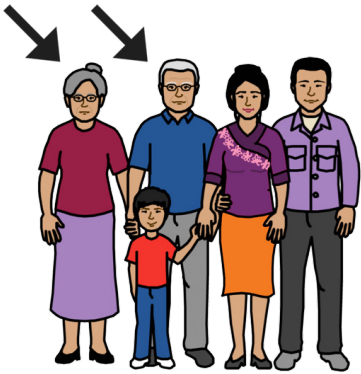
- cousin.



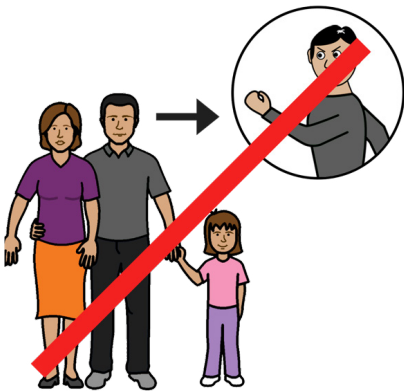
- nephew or niece.



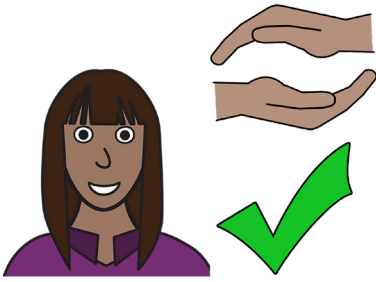
- uncle or aunty.



- grandfather or grandmother.



People in your family must not do violence.



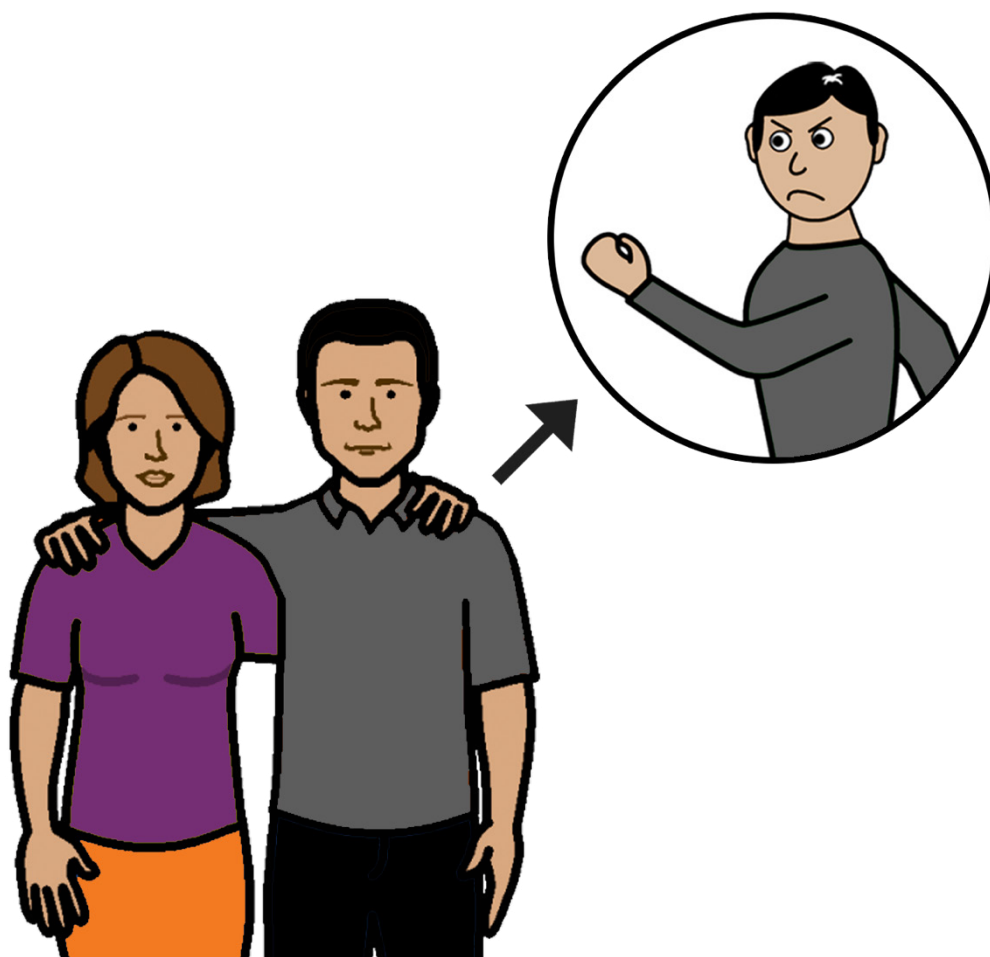
You have a right to be safe from violence.



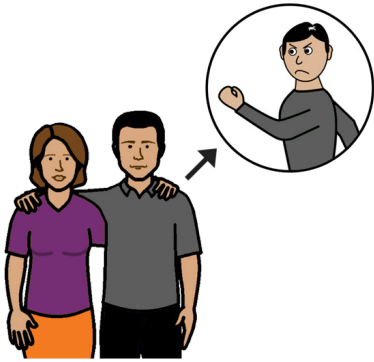
You can ask for help to be safe from violence.



Go to **Page 68** to get help and be safe.

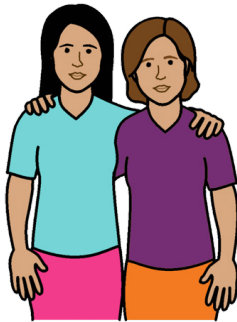


FRIENDS CAN DO VIOLENCE



FRIENDS

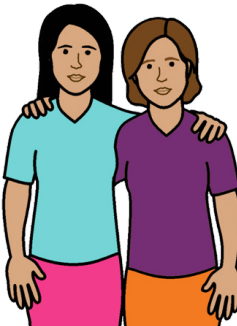
A friend can do violence.



A friend is someone you are close to.



Violence is when people hurt other people.



A friend can be someone

- you spend time with



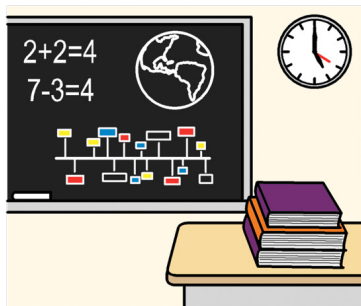
- who likes the same things as you.



- who you tell private things.



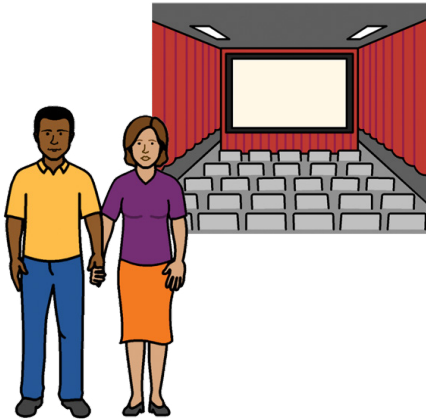
- you work with.



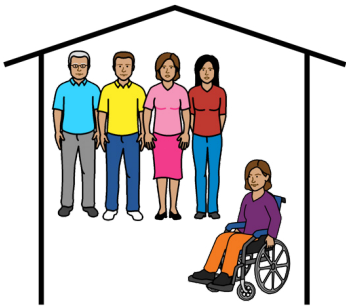
- where you learn.



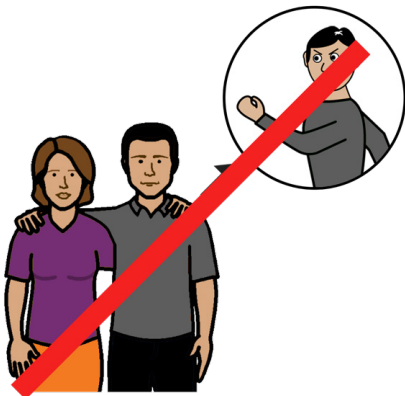
- you have sex with.



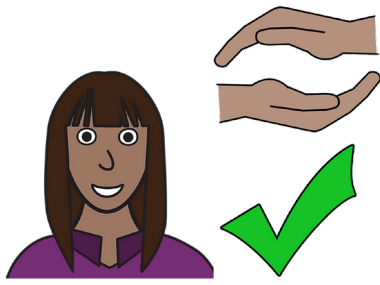
- you go on a date with.



- you live with.



A friend must not do violence.



You have a right to be safe from violence.



You can ask for help to be safe from violence.



Go to **Page 68** to get help and be safe.

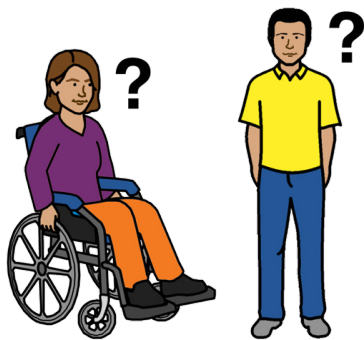


STRANGERS CAN DO VIOLENCE



STRANGERS

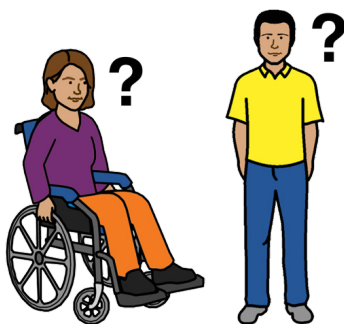
A stranger can do violence.



A stranger is someone you do not know well.

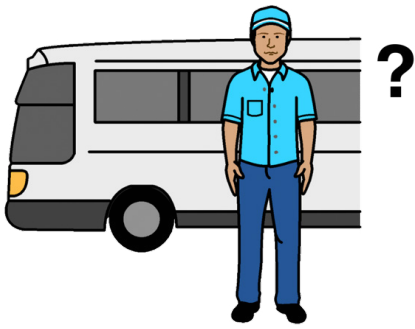


Violence is when people hurt other people.

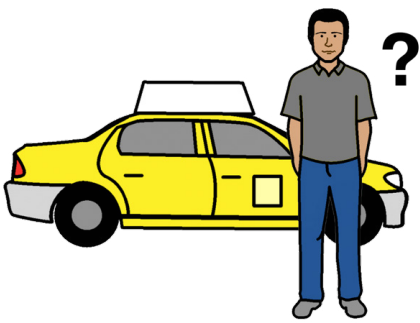


A stranger can be someone

- you have not met before



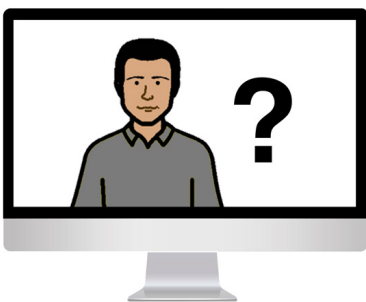
- on the train, bus.



- in the taxi.



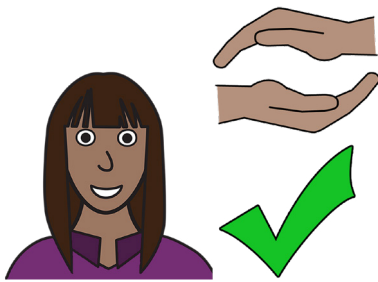
- in the community.



- online.



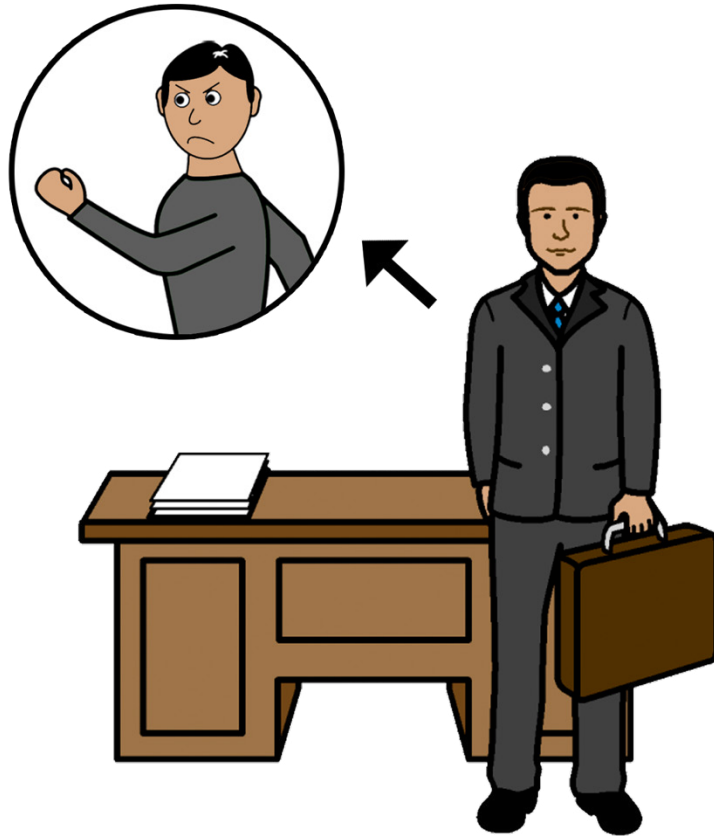
A stranger must not do violence.



You have a right to be safe from violence.



You can ask for help to be safe from violence.



PROFESSIONALS CAN DO VIOLENCE



PROFESSIONALS

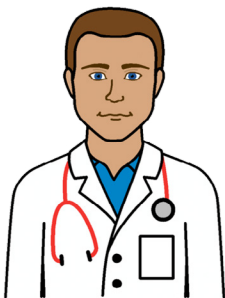
A professional can do violence.



A professional is someone with special training who is paid to help you.



Violence is when people hurt other people.



A professional can be a

- doctor or nurse.



- social worker or counsellor.



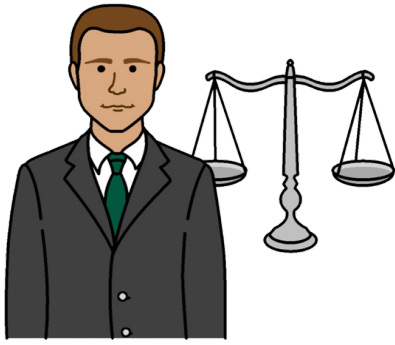
- speech pathologist or occupational therapist.



- teacher.



- advocate.



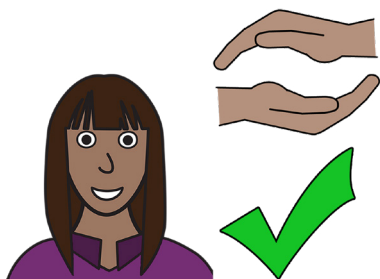
- lawyer.



- a police person.



A professional must not do violence.



You have a right to be safe from violence.



You can ask for help to be safe from violence.



Go to **Page 68** to get help and be safe.



GET HELP

1800RESPECT can help women with disability who experience violence.



Has someone:

- Done violence to you?
- Done violence to someone you know?



Are you:

- Scared about violence?
- Not sure if something is violence?
- Feeling sad or upset?
- Not sure about your rights?



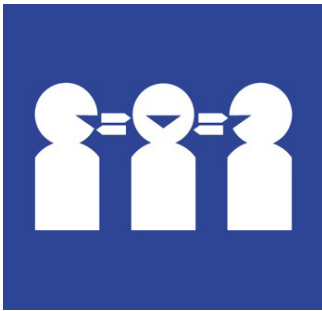
You can get help

- Call **000** if you are in danger now
- Call **1800RESPECT** on 1800 737 732
- Chat at www.1800respect.org.au.



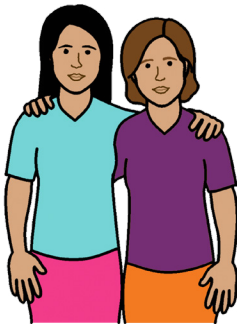
If you need a relay service (NRS)

- Call **1800 555 677**
- or **TTY 133 677**
- Then ask for **1800 737 732**.



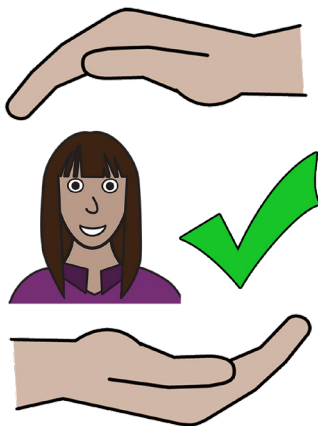
If you need a translator (TIS)

- Call **131 450**
- Then ask for **1800 737 732**.



You can ask someone you trust to help you call 1800RESPECT.

It is OK if you are not ready to get help yet.



REMEMBER!

You have the right to be safe from violence.

ACKNOWLEDGEMENTS

Funding acknowledgement

1800RESPECT, Learn about Violence and Abuse booklets are funded by the Australian Government.

Special thanks

Special acknowledgment to Women With Disabilities Australia, the Expert advisory group for the Sunny app and the staff and members of WWILD Sexual Violence Prevention Program.

Authorship

Women With Disabilities Australia was contracted to produce content for these booklets.

Copyright notices

© Copyright Medibank Health Solutions Telehealth Pty Ltd 2018

The information in these booklets is for general education and information purposes only. It should not be considered as legal advice or to replace appropriate counselling or medical assistance.

All intellectual property rights, including copyright and patents in these booklets are owned or licensed by Medibank Health Solutions or any of its related entities. You must not copy, modify or transmit any part of these booklets without Medibank Health Solutions' written consent.

Image licensing

Easy on the I images © 2018 Leeds and York Partnership NHS Foundation Trust. Used with permission. www.easyonthei.nhs.uk

Stock images © 2018 Shutterstock, Inc d/b/a Bigstock. Bigstock and Big Stock Photo are registered trademarks of Shutterstock. Bigstockphoto is a trademark of Shutterstock. Used with permission. www.bigstockphoto.com

The Picture Communication Symbols © 1981–2018 by Mayer-Johnson LLC a Tobii Dynavox company. All Rights Reserved Worldwide. Used with permission. www.tobiidynavox.com

Version number: 2 – 2019

These booklets were produced as part of the Disability Pathways Project for 1800RESPECT, the National Sexual Assault and Domestic Family Violence Counselling Service.

IF YOU OR SOMEONE YOU KNOW IS IMPACTED BY SEXUAL ASSAULT, DOMESTIC OR FAMILY
VIOLENCE, CALL **1800RESPECT** ON **1800 737 732**
OR VISIT **1800RESPECT.ORG.AU** IN AN EMERGENCY, CALL **000**.